



PASTOR'S INFORMATION

WHY REFRESH?

- REFRESH is an assessment on the health of the local church.
- REFRESH should have a local prayer emphasis to prepare the hearts of people to be fully submitted to God's best for their church.
- REFRESH includes a Natural Church Development survey by a larger number of participants, an 8-hour weekend event designed around a select group of participants who produce table results, a health report delivered to a specific team, and ongoing coaching with a senior pastor to ensure the process continues to bring improved health to the local church.

GETTING STARTED

The process begins soon after a pastor contacts the regional executive director regarding hosting a REFRESH event in their church. The pastor will select a facilitator to lead their event. Then the facilitator will contact the pastor and set a date for the weekend REFRESH event which needs to be at least six weeks in advance of the event in order to accomplish the entire process.

NEXT STEPS

Date: _____ (At least six weeks out from the REFRESH weekend event)

- PRAY- for your facilitator and who you will invite to complete the NCD survey.
- Facilitator will contact the Pastor by phone and confirm the date for the event, review the process, and set a date for the names and emails of those persons who will complete the Natural Church Development survey.
To ensure you get the most accurate NCD Survey results possible, you must select your survey participants on the basis of the following four criteria.
 1. Each individual participant must regularly attend the worship service, AND
 2. Must have some form of regular task in the church (no matter what it is), AND
 3. Must be part of some form of small group in the church (any subgroup of the worshipping community)In addition to fulfilling the above three criteria, the collective survey group should be representative of the church as a whole (i.e. it should include non-leaders as well as leaders, a proportionate number of people from different age groups and genders)
- Pastor will sign-up for coaching with the REFRESH facilitator on the regional website.

Date: _____ (At least one month out from the REFRESH weekend event)

- PRAY- for your facilitator, your NCD survey participants, and who you will ask to attend the weekend REFRESH event
- Facilitator will contact the pastor to obtain the list of names and emails for those who will participate in the NCD survey

Date: _____ (At least two weeks out from the REFRESH weekend event)

- PRAY- for your facilitator, your weekend participants, and your church to be fully submitted to whatever the Holy Spirit speaks through the REFRESH experience.
- Facilitator will contact the senior pastor for the list of weekend participants. This should include all of your leadership team (board, staff, and key ministry leaders) and a good mix of participants that includes men and women, older and younger in age, long-termers and short-termers, talkative and quiet, etc. The facilitator will also ask the pastor for their personal desires, hopes, and concerns about REFRESH and who will be receiving the health report when completed.
- The Pastor will arrange the weekend participants around tables of 4-6 people. It is preferred that family members and close friends are NOT be seated at the same table. The Pastor will also make arrangements for light refreshments and possible meal involved in the weekend event.

Date: _____ (The week of the REFRESH weekend event)

- PRAY- for the facilitator, your weekend participants, and yourself.
- Pastor makes sure the refreshments are prepared, the room for the event is arranged with tables and chairs, and the equipment for the event is ready.
- Facilitator will contact the pastor to review the plans for the weekend and set a date for presentation to the team who will receive the health report when completed.

Date: _____ (The week after the REFRESH weekend event)

- PRAY- for your facilitator as they prepare the health report and for the church team that will be receiving the health report.
- Pastor is to arrange for the receiving of the church health report with the facilitator and the team who will receive the report.

Date: _____ (For the foreseeable future)

- PRAY- for your facilitator and your church leadership to be strong and courageous to carry out the action steps and initiatives outlined in the health report.
- Facilitator will coach the Pastor so that the REFRESH process continues to move forward.
- Pastor will continue leading the REFRESH process forward with various leaders in the church with the goal of accomplishing what God spoke through the REFRESH process.