



This dynamic process is designed to help a church assess their health and determine what needs to be addressed to become healthier. 80-85% of churches in America are plateaued or in decline and 3,500-4,000 churches close their doors every year. This ought to be a wake-up call. Central Region has a vision for health and harvest. Our goal is a church that is healthy enough to produce new life. It gives the church a fresh look at the ministry from inside and outside eyes.

PRAYER

We have seen much more effective results for churches who make their *re·fresh* weekend a part of their corporate prayer focus. Participants should come to the event prayed up. This gives them a more open, flexible posture in coming to the event. It will be important that prayer precedes the process so that God brings clarity to the church and the people respond in surrender and unity. Most churches require a number of changes and adjustments following the event, which can create insecurity from some and resistance from others.

OUTSIDE EYES

The church will have an outside look through the Natural Church Development survey that is taken by at least 30 people in the local church preceding the revitalization weekend and the results are sent to the facilitator. Please complete the survey at least two weeks before the weekend event. The people selected should be a good mix of genders, ages,

and length of time at the church. The survey data will be shared at the weekend event.

INSIDE EYES

The inside look comes from the *re.fresh* weekend which is facilitated by an Open Bible regional leader, but the inside eyes are from the local church participants who work through a number of processes to identify areas of strength and areas that need to be strengthened. The church leadership selects the participants. It is best if participants are assigned to a table of 6-8 people. Each table group should be a good mix of genders, ages, and length of time at the church, which will have a better result as the people work together. It is recommended to have between 30 and 50 people participate in the *re.fresh* weekend. The *re.fresh* weekend takes approximately 8 hours. Most churches split that time between two weekend days i.e. 3 hours Friday evening and 5 hours on Saturday. It is preferred that participants attend for the entire 8 hours as the processes build on each other. It is good if the church provides snacks and beverages. Some churches include a meal on Saturday to keep the process moving.

COACHING

Because of the senior pastor's influence on a congregation, coaching is a required part of the process. It will begin before the event and will continue beyond the event. This is to assist the senior pastor with processing the results and to help with needed changes.

BOOKS

A couple of books or articles will likely be recommended from the coach/facilitator for the senior pastor to read. These are selected to help the senior pastor clarify his role in the process and to encourage him to go the distance.

HEALTH REPORT

The facilitator will write a report that will be presented to the church leadership a couple of weeks after the event. It will compile the data that was produced by the table groups and give recommendations to be made over the course of the next 3-5 years.