



WHY should we consider *re.fresh*?

80 – 85% of churches in the U.S.A. are plateaued or in decline and around 4,000 churches close each year.

WHAT is re.fresh?

Re.fresh is a dynamic, interactive weekend experience with a broad representation of people from a church to discuss where the church has been, where the church is, and dream about where the church is going.

The goal is to remove the hindrances to church health so that the church can experience future growth. If senior leadership addresses and initiates the health report recommendations, it is highly likely that you will see increased health and harvest in the life of the church.

Who leads re.fresh?

Central region provides a trained facilitator to oversee the church health consultation and the coaching of the lead pastor.

Who needs re.fresh?

This is for churches who desire to go to the next level, grow their weaker areas, and reach people for Christ.

How does the re.fresh process work?

It begins with a conversation between a lead pastor and a regional health facilitator. A date is agreed to for the consultation and then an NCD survey is scheduled with a cross-section of people from the congregation to participate. The survey requires email addresses for each individual so they can complete the survey online. The weekend event usually requires 8 hours of facilitated exercises. A blend of people (non-related, males and females, younger and older, and varying longevity at the church) will be arranged around tables. They will keep all of their documents produced so that the facilitator can retain the data in order to prepare the church's health report.

How much does a re.fresh consultation cost?

Central region covers most of the costs of a *re.fresh* weekend including the NCD evaluation, consultant's fee and travel, table materials, and coaching. The church is responsible to provide snacks and beverages and usually a meal during the event depending on the schedule.